

Colleen B McNickle

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EDUCATION

Vocal Music Education

Michigan State University, East Lansing MI May 2021

PhD in Music Education

Cognate: Choral Conducting

University of Illinois, Urbana IL August 2016

Master of Music Education

Augustana College, Rock Island IL May 2013

Bachelor of Arts Degree – Summa Cum Laude

AREAS OF INTEREST

Health and Wellness for Music Educators

Social Emotional Learning and Mindfulness for Choirs

Comprehensive Musicianship through Performance

Choral Music Education

Student Teacher Mentorship

Interdisciplinary Music Education

TEACHING EXPERIENCE

Assistant Professor of Music and Associate Director of Choral Activities August 2021 – Present

Department of Music, Arkansas State University – Jonesboro, AR

Courses Taught:

- MUED 2231: Vocal Techniques for Instrumentalists Fall 2021
- MUED 4643: Methods and Materials for Teaching Vocal Music Fall 2021-Present
- MUS 1630/1631/3630/3631/6630/6631: Scarlet Voices Fall 2021-Present
- MUS 1640/1641/3640/3641/6640/6641: Singing Statesmen Fall 2021-Present
- TIMU 4826: Music Teaching Internship in the Secondary School Fall 2021-Present
- MUED 2512: Introduction to K-12 Music Education Fall 2022
- MUS 3441 Elementary Conducting Spring 2022
- MUED 6613: Leadership in Contemporary Music Education (Masters) Spring 2022

Upcoming Courses:

- MUS 3441 Elementary Conducting Spring 2023
- TIMU 4826: Music Teaching Internship in the Secondary School Spring 2023
- MUS 1630/1631/3630/3631/6630/6631: Scarlet Voices Spring 2023
- MUS 1640/1641/3640/3641/6640/6641: Singing Statesmen Spring 2023

Additional Responsibilities:

- Academic Advisor, Undergraduate Vocal Music Education Students
- Music Teaching Internship Seminar

Masters Thesis Committee:

- Alyssa Perry, Master of Music Education, Committee Member for thesis. Spring 2022.

Graduate Teaching Assistant August 2018 – May 2021

College of Music, Michigan State University – East Lansing MI

Courses Assisted:

- MUS 277: Principles of Music Education Fall 2018
Mitchell Robinson, Instructor

- MUS 495: Student Teaching Seminar Fall 2018, Spring 2019
Mitchell Robinson, Instructor
- MUS 469: Teaching Secondary General Music Fall 2019
Juliet Hess, Instructor
- MUS 495: Student Teaching Seminar Fall 2019, Spring 2020
Mitchell Robinson, Instructor
- MUS 468: Choral Methods Spring 2020
Sandra Snow, Instructor
- MUS 469: Teaching Secondary General Music Fall 2020
Juliet Hess, Instructor
- MUS 495: Student Teaching Seminar Fall 2020, Spring 2021
Mitchell Robinson, Instructor
- MUS 177: Introduction to Music Education (Assigned) Spring 2021
Sandra Snow, Instructor

Additional Responsibilities:

- Conference Co-Coordinator, New Directions in Music Education Conference Spring 2020
- Perform with Women's Chamber Ensemble, University Chorale, Recital Choirs, and Practicum Choir Fall 2018 - Spring 2020
- Field Experience Coordinator, Music Education Students Fall 2018 - Spring 2020
- Supervisor, Music Education Student Teachers Fall 2018 - Present

Director of Choral Activities

August 2015 – May 2018

Boylan Catholic High School – Rockford IL

Courses taught:

- Chamber Singers - Advanced Junior and Senior 24 voice mixed choir,
- Concert Choir - Intermediate Freshman through Senior 30 voice mixed choir
- Treble Choir - Beginning Freshman through Senior 12 voice treble choir
- Octaves - Advanced 12 voice mixed jazz choir
- Voce - Intermediate 8 voice treble choir
- Junior Titan Chorale - Beginning 5th-8th grade choir made up of students from 8 feeder schools
- Choir Internship; AP Music Theory; Class Piano

Responsibilities:

- Coordinated and presented quarterly concerts and additional community performances
- Taught students basic music theory, helped them draw interdisciplinary connections, and promoted a healthy musical environment
- Prepared students for ILMEA District and All-State Auditions
- Coached and accompanied solos and ensembles for IHSA Solo and Ensemble Contest (2017 & 2018 Class A Champions, 2016 Class A Runners Up)
- Functioned as liturgical music director for all-school Masses and class-level Masses
- Served as Musical Director for Boylan's Spring Musical
- Moderated the school Ukulele Club and A Cappella Club
- Developed and implemented a new choir intern curriculum
- Facilitated significant performance opportunities for students
 - District and All-State Traditional and Jazz Choirs Fall and Winter 2015 - 2017
 - Augustana College Chamber Choir Festival Fall 2017
 - Millikin Vocal Festival Fall 2016 & 2017
 - Augustana Choir Spring Tour Collaboration Spring 2017
 - Octaves Tour Winter 2015, 2016, & 2017
 - *O Fortuna* performance at Rockford Symphony Orchestra Youth Concert Fall 2016

Chorus and General Music Teacher

August 2013 – 2015

Belvidere Central Middle School – Belvidere, IL

Courses taught:

- 6th Grade Chorus, 7th Grade Chorus, and 8th Grade Chorus
- Ukulele One and Ukulele Two

- Music and Media
- General Music

Responsibilities:

- Directed Fall, Winter, and Spring Concerts for the 6th, 7th, and 8th Grade Choruses
- Proposed and acquired grant funding and developed and implemented a Ukulele Program
- Provided individual and small group voice lessons in preparation for ILMEA District Auditions
- Organized an in-school Solo and Ensemble opportunity for chorus and band students
- Vocal Director of Middle School Musical Theater Production

RELATED EXPERIENCE

Blogger, Content Creator, Founder Summer 2022-Present
Inspired Choir

Supporting Team Member, Mindfulness Consultant, Content Creator Spring 2020 - Present
Being Human Together

Responsibilities:

- Assisted in the creation of the non profit organization
- Created and managed social media accounts
- Serve as Mindfulness consultant for webinars

Choral Adjudicator and Clinician Fall 2018 - Spring 2020
Michigan State Vocal Music Association

Responsibilities:

- Adjudicate and Clinic Small and Large Group Ensembles in a Competition Setting

PUBLICATIONS

McNickle, C. (2022). A Content Analysis of Online Wellness Education Presence of NASM-Accredited Institutions. *College Music Symposium*, 16(1).

McNickle, C. and Morris, C. R. (2022). Social Emotional Learning for the Choral Classroom. *Choral Journal*. June/July

McNickle, C. (2021). Wellness Starts with Me: Choir Teacher Wellness Perceptions and Experiences. (Dissertation). *ProQuest*.

McNickle, C., & McKiernan, J. (2019). An interview with Andrew McGuire. *Michigan Music Educator*, 57(1), 22-23.

WORKS IN PROGRESS

McNickle, C. (in progress). Music Student Teacher Vocal Health Perceptions. (Research Study).

McNickle, C. (in progress). Mastering Music Teacher TikTok. (Research Study).

McNickle, C. (in progress). Wellness Starts with Me: Choir Teacher Wellness Perceptions and Experiences. (Dissertation Article).

McKiernan, J. and McNickle, C. (in review - *Action, Criticism, and Theory for Music Education*). Reimagining Choral Identity: Challenging the Gender Binary of a Women's Choir.

Sullivan, R. and McNickle, C. (in progress). Choral Conductor Injury. (Research Study).

CONFERENCE PRESENTATIONS - REFEREED

Butterflies, and Jitters, and Sweaty Palms, Oh My! Understanding Performance Anxiety March 2022
2022 South West ACDA "Together" Conference
Little Rock, AR

<i>Mastering Music Teacher TikTok: Techniques, Tools, & Tips</i> Ohio Music Educators Conference Cleveland, OH	February 2022
<i>Work-Life Balance? What's That!?</i> Ohio Music Educators Conference Cleveland, OH	February 2022
<i>"Wellness Starts with Me": Choir Teacher Wellness Experiences and Perceptions</i> SMTE 2021 Symposium on Music Teacher Education. Virtual Conference Primary Presentation	September 2021
<i>What's In a Name? A Case Study of Choral Identity</i> Co-Presented with Jessica McKiernan LGBTQ Studies and Music Education Symposia IV Virtual Conference Paper Presentation	July 2021
<i>"Wellness Starts with Me": Choir Teacher Wellness Experiences and Perceptions</i> Music and Wellbeing Conference University of Saskatchewan Virtual Conference Paper Presentation	May 2021
<i>Student Teacher Vocal Health Perceptions</i> Desert Skies Symposium on Research in Music Learning and Teaching Arizona State University Virtual Conference Paper Presentation	February 2021
<i>Empowering Choir Students with Social and Emotional Learning</i> Co-Presented with Coty Raven Morris Texas Music Educators Association Virtual Conference	February 2021
<i>Creating A Music Educator Wellness Toolkit</i> Ohio Music Educators Conference Virtual Conference	February 2021
<i>Creating A Music Educator Wellness Toolkit</i> Iowa Music Educators Conference Ames, IA Virtual Conference	November 2020
<i>Yoga, Mindfulness, and Breathing Strategies for Choirs: COVID Edition</i> Michigan School Vocal Music Association Summer Conference Virtual Conference	July 2020
<i>Enhancing Ensemble Energy: Yoga, Mindfulness, and Breathing Strategies for Choirs</i> American Choral Directors' Association North Central Regional Conference Milwaukee, WI	March 2020
<i>A Policy of Wellness for Music Educators</i> New Directions in Music Education Conference East Lansing, MI	February 2020
<i>Vernacular Music in the Choral Classroom</i> Co-Presented with Jessica McKiernan Ohio Music Educators Conference Columbus, OH	February 2020
<i>Take a Breath: Yoga and Mindfulness for Music Teachers and Students</i> Michigan Music Conference Grand Rapids, MI	January 2020

<i>Vernacular Music in the Choral Classroom</i> Co-Presented with Jessica McKiernan Iowa Music Educators Conference Ames, IA	November 2019
<i>Take a Breath: Yoga and Mindfulness for Music Teachers and Students</i> Iowa Music Educators Conference Ames, IA	November 2019

RESEARCH POSTER PRESENTATIONS - REFEREED

<i>Choir Teacher Wellness Experiences and Perceptions</i> Research Poster Presentation American Choral Directors Association Virtual Conference	March 2021
<i>Online Wellness Education Resources at NASM-Accredited Institutions: A Qualitative Content Analysis</i> Virginia Music Educators Association Conference Virtual Conference	November 2020
<i>Choir Teacher Wellness Experiences and Perceptions (In Progress)</i> Big Ten Academic Alliance Music Education Conference Virtual Conference	October 2020
<i>What's In A Name?: A Case Study of Choral Identity (In Progress)</i> Co-Presented with Jessica McKiernan Big Ten Academic Alliance Music Education Conference Iowa City, Iowa	October 2019
<i>Student Teacher Vocal Health Perceptions</i> Society for Music Teacher Education Conference Greensboro, North Carolina	September 2019

PRESENTATIONS & WORKSHOP SESSIONS - INVITED

<i>It's All in the Breath: Yoga, Mindfulness, and Breathing Strategies for Choirs</i> Memphis Music Education Innovation Summit - Headliner Memphis, TN	June 2022
<i>Mastering Music Teacher TikTok: Techniques, Tools, & Tips</i> Memphis Music Education Innovation Summit - Headliner Memphis, TN	June 2022
<i>Social Justice and Whole Person Wellness</i> Round Table Session 2022 South West ACDA "Together" Conference Little Rock, AR	March 2022
<i>Leadership in Choir</i> Valley View High School Student Leadership Retreat Jonesboro, Arkansas	October 2021
<i>Vernacular Music in the Choral Classroom</i> Co-Presented with Jessica McKiernan Michigan State University Collegiate ACDA Chapter March Workshop East Lansing, Michigan	November 2020

<i>Addressing Race in the Choral Classroom</i> Michigan State University Collegiate ACDA Chapter March Workshop East Lansing, Michigan	March 2019
<i>An Introduction to Teaching Basic Choral and Vocal Jazz Improvisation</i> Michigan State University Collegiate ACDA Chapter April Workshop East Lansing, Michigan	April 2019

CONFERENCE PRESENTATIONS - REFEREED - ACCEPTED

<i>Connecting with the Chor-US: Building Ensemble through Social Emotional Learning</i> Co-Presented with Coty Raven Morris 2023 National ACDA "Belonging" Conference Cincinnati, OH	February 2023
<i>TikTok and Choir: An Unexpected Pairing</i> 2023 National ACDA "Belonging" Conference Cincinnati, OH	February 2023

GUEST TEACHING AND LECTURES - INVITED

<i>Yoga for Musicians</i> Arkansas State University National Association for Music Education Student Chapter Meeting	November 2022
<i>Building a Music Educators Wellness Toolbox</i> Susquehanna University Intro to Music Education Selinsgrove, Pennsylvania (Virtual)	April 2022
<i>Arkansas State University Concert Choir and Chamber Singers</i> Two-Week Guest Teaching Jonesboro, AR	January 2022
<i>Conducting Instruments: Transpositions & Clefs</i> Arkansas State University Choral Conducting	November 2021
<i>An Introduction to Wellness in Music Education</i> University of Wisconsin - Superior Intro to Music Education Superior, Wisconsin (Virtual)	April 2021
<i>Comprehensive Musicianship Through Performance</i> Michigan State University MUS 468: Teaching Choral Music East Lansing, Michigan (Virtual)	March 2021
<i>Building a Music Educators Wellness Toolbox</i> Susquehanna University Intro to Music Education Selinsgrove, Pennsylvania (Virtual)	February 2021
<i>Interdisciplinary Music Education</i> Michigan State University MUS 469: Teaching Secondary Classroom Music East Lansing, Michigan (Virtual)	November 2020

<i>Ukulele in the Secondary General Classroom: A Five Lesson Series</i>	October - November 2020
Michigan State University MUS 469: Teaching Secondary Classroom Music Virtual Classes	
<i>An Introduction to Mindfulness</i>	July 2020
Being Human Together Webinar Online Webinar	
<i>Comprehensive Musicianship Through Performance</i>	April 2020
Michigan State University MUS 468: Teaching Choral Music East Lansing, Michigan (Virtual)	
<i>Building a Music Educators Wellness Toolbox</i>	April 2020
Susquehanna University Intro to Music Education Selinsgrove, Pennsylvania (Virtual)	
<i>Comprehensive Musicianship Through Performance</i>	March 2020
University of Dayton Professional Development Workshop Dayton, Ohio (Virtual)	
<i>Yoga and Mindfulness Techniques for Musicians</i>	February 2020
Alma College Career Skills for Musicians Alma, Michigan	
<i>Choral Improv and Jazz Improv...A Brief Introduction</i>	February 2020
Michigan State University MUS 468: Teaching Choral Music East Lansing, Michigan	
<i>Health and Wellness for Music Educators</i>	December 2019
University of Dayton Intro to Music Education Dayton, Ohio (Virtual)	
<i>Curriculum Planning: From Units to Curricula</i>	November 2019
Michigan State University MUS 469: Teaching Secondary Classroom Music East Lansing, Michigan	
<i>Interdisciplinary Music Education</i>	November 2019
Michigan State University MUS 469: Teaching Secondary Classroom Music East Lansing, Michigan	
<i>Blues and Ukulele Lesson Planning</i>	October 2019
Michigan State University MUS 469: Teaching Secondary Classroom Music East Lansing, Michigan	
<i>Philosophy and the Music Teacher</i>	January 2019
Michigan State University MUS 277: Principles of Music Education East Lansing, Michigan	
<i>Questioning and Competition</i>	October 2018
Michigan State University	

MUS 277: Principles of Music Education
East Lansing, Michigan

Cooperative Learning Revisited: A Way to Address the Standards November 2018
Michigan State University
MUS 277: Principles of Music Education
East Lansing, Michigan

Challenging Assumptions: A Case Study November 2018
Michigan State University
MUS 277: Principles of Music Education
East Lansing, Michigan

Comprehensive Musicianship Through Performance October 2018
Michigan State University
MUS 277: Principles of Music Education
East Lansing, Michigan

INVITED CONDUCTING

Tenor-Bass Junior High All-Region Choir Fall 2022
Arkansas Region One
Jonesboro, Arkansas

Young Voices Festival Girls Choir April 2022
Alabama ACDA
University of Alabama

PERFORMANCE EXPERIENCE

Jonesboro Chorale – Arkansas State University Fall 2020-Present
Under the direction of Dr. Ryan Sullivan

Women’s Chamber Ensemble – Michigan State University Fall 2018-Spring 2020
Under the direction of Dr. Sandra Snow

University Chorale – Michigan State University Fall 2018-Fall 2019
Under the direction of Dr. David Rayl

Chancel Choir - Central United Methodist - Lansing, IL Fall 2018-Spring 2019
Under the direction of Ms. Alison Geesey
Alto Section Leader

Mendelssohn Chorale – Rockford, IL 2013-2018
Under the direction of Marti Bein
Alto Section Leader 2017-2018

Starlight Community Theater – Rockford, IL 1999-2017
Under the direction of Mike Webb, Christopher Brady, Steve Wolfgram, and Lisa Miller
Involved in over thirty theater productions as actor, orchestra member, or running crew

Elysian Voices – Rockford, IL 2013-2015
Semi-Professional Choir directed by Paul Laprade

Augustana Choir 2010-2013
Under the direction of Dr. Jon Hurty
Alto Section Leader 2011-2013

Handel Oratorio Society 2010-2013

Under the direction of Dr. Jon Hurty
Student Assistant 2011-2013

Augustana Chamber Singers Under the direction of Dr. Jon Hurty and Dr. Michael Zemek	2010-2012
Celebration Augustana Gospel Choir Under the direction of Dr. Keith Hampton	2010-2012

Media and Social Media Coverage

“Delving Deeper with Comprehensive Musicianship” Choir Fam Podcast Guest Episode 30	
“Pitching ideas, finding support” MSU coverage of Running Start Competition https://www.music.msu.edu/news/pitching-ideas-finding-support	
“Boylan Catholic Choir Students Take First At State” Local news coverage of Boylan’s IHSA Solo and Ensemble success http://www.mystateline.com/news/boylan-catholic-choir-students-take-first-at-state/678530895	
“Music teacher hits right notes with students using unique instrument” Local news coverage of my 6th - 8th grade Ukulele class in 2014 http://www.wrex.com/story/26659137/2014/09/Monday/music-teacher-hits-rights-notes-with-students-using-a-unique-instrument	
“Grants allow for more strings and sounds in Belvidere music program” Local news coverage of my 6th - 8th grade Ukulele class in 2014 http://www.wrex.com/story/26616752/2014/09/Wednesday/grants-allow-for-more-strings-and-sounds-in-belvidere-music-program	

HONORS AND AWARDS

Dissertation Completion Award Graduate School Michigan State University	Spring 2020
Running Start Grant Award East Lansing, MI Community Panel	April 2019
Graduate Assistantship College of Education Michigan State University	2018-2021
WREX Channel 13 News Teacher of the Week Recognition Rockford, IL Student Nomination	May 2018
Rising Star in Music Education Special Recognition Rockford Symphony Orchestra Community Nomination	March 2018

SERVICE TO THE UNIVERSITY AND THE PROFESSION

ARKANSAS STATE UNIVERSITY SERVICE

School of Education

Professional Education Programs EPP Member 2021-Present
EPP Recruitment Committee Member 2021-Present

Department of Music

Audition and Recruitment Committee Member 2021-Present
Undergraduate Curriculum Committee Member 2022-Present
Infrastructure Committee Member 2022-Present
Speech Proficiency Committee 2021-2022

Community

A-State Choir Teacher Professional Development Fall 2021
A-State Choir Invitational Fall 2021, 2022
Arkansas All-State Preparation Clinic Spring 2022
Jonesboro Chorale Community Choir Member 2021-Present

SERVICE TO THE PROFESSION

Service to Organizations

World Musics and Cultures Repertoire Chair 2022-Present
ArkansasACDA

College/University Fair Chair Winter 2021-Spring 2022
Southwest American Choral Director Association

Annual Meeting Submission Reviewer Fall 2020
American Educational Research Association
Music Education SIG

Conference Co-Coordinator Spring 2020
New Directions in Music Education Conference
Michigan State University

PROFESSIONAL MEMBERSHIPS

National Association for Music Educators
American Choral Directors Association
Society for Music Teacher Education